

Terrain Titan: Trident 5K

Male 0 - 19

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	205	Wilson, Adrian	38:04.42		Runner		12:15/M	4.9mph	8	13	

Female 0 - 19

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	73	Navarro, Sophia	1:04:08.22		Runner		20:39/M	2.9mph	55	15	

Male 20 - 29

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	146	Maye, Cody	33:18.10		Runner		10:43/M	5.6mph	6	23	
2.	139	Razi, James	39:45.77		Runner		12:48/M	4.7mph	14	27	
3.	54	Romero, Bryan	43:02.75		Runner		13:51/M	4.3mph	22	28	

Female 20 - 29

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	165	Munoz, Megen	49:45.99		Runner		16:01/M	3.7mph	39	22	
2.	207	Gennarl, Christina	55:43.47		Runner		17:56/M	3.3mph	44	26	
3.	152	Samuelson, Amanda	1:14:21.21		Runner		23:56/M	2.5mph	58	29	
4.	153	Villanueva, Kristy	1:14:24.21		Runner		23:57/M	2.5mph	59	29	
5.	144	Ealy, Brittany	1:17:21.40		Runner		24:54/M	2.4mph	60	28	

Male 30 - 39

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	107	Garbis, Terry	27:09.47		Runner		8:44/M	6.9mph	1	36	
2.	154	Espinosa, Dagner	28:46.47		Runner		9:16/M	6.5mph	2	36	
3.	142	Crosswhite, Shawn	28:55.40		Runner		9:18/M	6.4mph	3	38	
4.	168	Waldrop, Matthew	31:04.30		Runner		10:00/M	6.0mph	4	37	
5.	160	Hodges, Sean	33:11.50		Runner		10:41/M	5.6mph	5	37	
6.	159	Crump, Bryan	38:57.53		Runner		12:32/M	4.8mph	10	37	
7.	171	Semalai, Surendran	39:01.42		Runner		12:33/M	4.8mph	11	32	
8.	164	Adkins, Adam	42:05.93		Runner		13:33/M	4.4mph	18	37	
9.	132	Womack, Cass	55:34.36		Runner		17:53/M	3.4mph	43	33	
10.	158	Mahon, Brian	56:29.65		Runner		18:11/M	3.3mph	46	33	
11.	135	Gaymont, Stephen	1:02:16.86		Runner		20:02/M	3.0mph	52	34	

Female 30 - 39

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	163	Adkins, Jennifer	42:06.48		Runner		13:33/M	4.4mph	19	35	
2.	166	Gaffney, Tina	42:28.17		Runner		13:40/M	4.4mph	21	34	
3.	140	Adams, Jessica	43:10.36		Runner		13:54/M	4.3mph	23	34	
4.	208	Gennaro, Natalie	43:20.39		Runner		13:57/M	4.3mph	24	32	
5.	113	Bentivegna, Nicole	53:30.03		Runner		17:13/M	3.5mph	41	31	
6.	133	Scott, Leola	55:33.86		Runner		17:53/M	3.4mph	42	33	
7.	170	Souza, Hilary	1:01:21.26		Runner		19:45/M	3.0mph	49	35	
8.	167	Massaro, Jessica	1:01:29.09		Runner		19:47/M	3.0mph	50	39	

Terrain Titan: Trident 5K

Male 40 - 49

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1.	192	Barker, Rj	39:32.71		Runner		12:43/M	4.7mph	13	44	
2.	82	Brown, Allen	42:14.95		Runner		13:36/M	4.4mph	20	48	
3.	173	Lamarca, Mike	44:02.77		Runner		14:10/M	4.2mph	26	45	
4.	149	Little, Christian	44:09.76		Runner		14:13/M	4.2mph	29	48	
5.	138	Scheuer, William	44:50.29		Runner		14:26/M	4.2mph	32	42	
6.	162	Nelson, Alan	49:11.80		Runner		15:50/M	3.8mph	36	49	
7.	157	Anderson, Todd	49:22.76		Runner		15:53/M	3.8mph	38	43	
8.	81	Will, Ken	56:21.25		Runner		18:08/M	3.3mph	45	47	
9.	123	Carik, David	1:02:02.73		Runner		19:58/M	3.0mph	51	48	
10.	169	Binnion, Doug	1:02:21.69		Runner		20:04/M	3.0mph	53	47	

Female 40 - 49

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	188	Hill, Jennifer	38:25.12		Runner		12:22/M	4.9mph	9	43	
2.	206	Linn, Lisa	39:11.30		Runner		12:37/M	4.8mph	12	49	
3.	131	Higham, Christin	42:01.61		Runner		13:31/M	4.4mph	17	41	
4.	161	Canada, Stephanie	44:06.71		Runner		14:12/M	4.2mph	27	47	
5.	150	Little, Lisa	44:06.90		Runner		14:12/M	4.2mph	28	47	
6.	148	Lantz, Jennifer	44:49.13		Runner		14:26/M	4.2mph	31	43	
7.	145	Maye, Andrea	47:42.19		Runner		15:21/M	3.9mph	33	46	
8.	156	Anderson, Heather	49:21.54		Runner		15:53/M	3.8mph	37	45	
9.	172	Lamarca, Shawntel	49:47.29		Runner		16:01/M	3.7mph	40	41	
10.	126	Ramos, Cindy	57:12.46		Runner		18:25/M	3.3mph	48	48	
11.	121	Nieves, Luz	1:11:56.46		Runner		23:09/M	2.6mph	57	45	

Male 50 +

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	120	Simpson, Harold	33:25.47		Runner		10:45/M	5.6mph	7	52	
2.	143	Curchin, Neil	40:43.16		Runner		13:06/M	4.6mph	15	62	
3.	182	Hillman, Michael	43:26.92		Runner		13:59/M	4.3mph	25	52	
4.	174	Lamarca, Anthony	44:24.26		Runner		14:17/M	4.2mph	30	71	
5.	151	Jordan, Ted	1:03:00.75		Runner		20:17/M	3.0mph	54	65	
6.	122	Gonzalez, Dave	1:11:54.73		Runner		23:09/M	2.6mph	56	50	

Female 50 +

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	99	Jordan, Kim	41:22.25		Runner		13:19/M	4.5mph	16	51	
2.	147	Trasorras, Gretchen	47:47.69		Runner		15:23/M	3.9mph	34	51	
3.	141	Cuic, Donna	47:49.81		Runner		15:23/M	3.9mph	35	54	
4.	80	Stahl, Holly	56:39.13		Runner		18:14/M	3.3mph	47	50	